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Dear Reader

Welcome to our Summer Issue of GO!News for 2024!

We hope you enjoy reading about all the things we have arranged for you during the upcoming Summer break.

Why not celebrate the end of term by joining us at one or more of our many events/trips we've got planned? With plenty of options, we hope that there is something that appeals to everyone. If you have an idea, please let us know: gosocial@swansea.ac.uk

We also have information on volunteer opportunities and where you can access advice and support.

Emma, Fiona, Abbie, Nick, Nic, Mike, Kayleigh, Beth
International@CampusLife



International@CampusLife

Here to help

International@Campuslife (ICL) are here to help and support International students with non academic queries. In particular we can help with visas and immigration, international family questions and cultural aspects of living in the UK. We also provide opportunities for social interaction and community building through our GO!Programme.

Remember - we are here to support you! Please visit our website to explore our pages of advice and guidance, as well as details on how you can get in contact with us via email, Live Chat, ad hoc webinars or other online activities:

www.swansea.ac.uk/international-campuslife/

We also have our Official Swansea University International Welcome Group on Facebook, dedicated to welcoming new International Students to our university, linking them with course-mates and friends. Click [here](#) or search for us on Facebook and become a part of our International community.

What's Going On?

Our Summer programme will be packed with fun-filled activities including film nights, supper clubs, social mixers and our popular trips.

Here is a list of some of our upcoming events:

- GO! Trip: Pembrey Country Park - 1st June
- GO! Film: Pride - 7th June
- GO! Eat: Muswanna - 11th June
- GO! Social: Travel Network - 12th June
- GO! Social: Meet Up Mixer - Gower - 19th June
- GO! Trip: Gower - 20th June
- GO! Social & Faith: Summer Solstice - 21st June
- GO! Film: Jungle Cruise - 5th July
- GO! Social: Meet Up Mixer - Tewkesbury - 12th July
- GO! Trip: Tewkesbury - 13th July
- GO! Eat: Ripples - 16th July
- GO! Social: International Friendship Day - 30th July
- GO! Social: Meet Up Mixer - Caerphilly - 29th August
- GO! Trip: Caerphilly - 31st August

There is an event for everyone to enjoy so browse our future events, and not just by ourselves, this Summer we have a range of Swansea Summer Socials happening! All of these can be booked at:

[Swansea Summer Socials](#)

GO! Programme Lookback GO! Trip: Big Pit and Abergavenny



Our GO! Trips to Major UK cities are always International@CampusLife's most popular events. In May we first headed to a real coal mine with underground tours to explore south Wales' history of coal and industry at Big Pit, which is a World Heritage Site. Afterwards we visited the beautiful market town of Abergavenny, where we stopped for lunch and a bit of shopping!

"I enjoyed that we had the ability to either go off in our own groups or socialise with others"

"I loved the vibes at Abergavenny!"

"I experienced descending to a depth of 90 meters underground"

Meet the GO! Team

In each edition we will meet another GO! Team Member!

Name: Udita Parikh
Course: MSc Cognitive And Neuroscience
Nationality: Indian



Why did you choose to study at Swansea University?

I chose Swansea as they provide postgraduate courses which peaked my interest, with the course content and what they would teach me.

Why did you decide to volunteer as a GO! Team member? All credits to Beth who is the staff GO! Team co-ordinator. Because of her I joined GO! Team, as I found it excellent role to do, and I could meet new people every time.

What do you see as your main role as a GO! Team member? As a GO! Team members, you are responsible for hosting, organising and constantly engaging in conversation with everyone - which I love!

What makes a good GO! Team member? You have to be able to take the initiative, be available, be great at team work and be good at communicating, not just to other GO! Team members, but also for all students at the event.

What has been the best thing about being a part of the GO! Team so far? Every part has been best for me in its unique way. One of my main reasons and influences to part of the team is my own self-development as now I don't hesitate or feel awkward anymore to begin a conversation with people. It really helped me open up and built my confidence.

Why do you think other students should apply to be part of the GO! Team?

If you love discovering new food and places, socialising with people, indulging in arts and crafts, and playing games plus so much more, join us in the GO! Team - it could be the perfect fit for you.

The GO! Team Volunteer Programme

Volunteering is a great way to meet people, gain employability skills and get involved with the community.

If you'd like to volunteer as a GO!Team Member, and want more information please register for a discovery account and sign up to be a GO! Team Volunteer here:

<https://volunteering.discoverysvs.org/volunteers/opportunity/10193151> or email gosocial@swansea.ac.uk.



GO!Eat | Cost £10 (usually)

Since starting a couple of years ago, our GO!Eat evenings have grown in popularity - International and Home Students have come along to a different Swansea-based restaurant each month to enjoy food from all the over the world and meet new friends too! Our host restaurant will typically provide us with a £10 set-menu for us and there's always plenty of food! GO!Eat evenings are advertised across social media and tickets are sold via

<https://events.swansea.su/group/313/campus-life>



Top 5 easy reachable beaches to explore this Summer!

Swansea is a beautiful city, with plenty of places to explore. The top five easiest beaches to reach by bus are:

- **Swansea Bay**
Right opposite our Park Campus, with plenty of space to have a BBQ or play some beach sports.
- **Three Cliffs Bay**
Three Cliffs offers a wilder experience. Picture a spectacular shoreline of sand dunes, salt marsh and of course, the signature three limestone cliffs. Jump on bus 14 from the City Centre to get to Pennard
- **Bracelet Bay**
Just round the corner from the popular seaside town of Mumbles, Bracelet Bay has a rocky shoreline and views of Devon on a clear day! Catch the 3 or 3A bus from the City Centre towards Mumbles.
- **Limeslade Bay**
The next beach along is Limeslade - a rugged and rocky retreat. A small, sheltered cove that's easy to get to - why not grab a Forte's ice-cream too!
- **Rhossili**
Want a further day trip? Catch the 118 or 119 bus from the city centre to go see the beautiful sunflowers and perhaps cross over to Worms Head (check tide times)



Bringing you events and socials throughout the summer holidays!